

SPA „SIŁA SPOKOJU” (THE POWER OF TRANQUILITY)

Allow yourself to move into the world of balance and peace for your body and spirit ...

The Power of Tranquility

80 min/ 55 min/ 25 min

180 zł/ 140 zł/ 70 zł

A massage specially created "for you". A powerful combination of different massage techniques applied depending on your individual needs – be our inspiration ...

Massage for Back Pain

25 min / 65 zł

A massage combined with ayurvedic oils for a soothing and analgesic effect on the muscles and joints. Reduces swelling and tension, and improves blood circulation in the body.

Relaxing Massage

55 min/ 25 min

120 zł/ 60 zł

A relaxing body massage, based on an aromatherapy oils composition. Helps to release stress and relax deeply.

Classic Massage

55 min/ 25 min

130 zł / 65 zł

A relaxing and therapeutic body massage, combined with aromatherapy and music that relaxes tense muscles, relieves pain, and calms and soothes.

Chocolate Firming Power

80 min/ 55 min/ 25 min

190 zł/ 150 zł/ 75 zł

An exclusive massage with hot chocolate to reduce stress, tension and fatigue. Rich chocolate properties help to nourish, moisturize and firm the skin across the whole body. The massage stimulates all the senses improving your mood and causing a surge of positive energy.

Massage with Hot Stones

55 min/ 25 min

140 zł/ 70 zł

A massage using energising, heat-emitting basalt stones. It soothes the senses, relieves muscle tension, eliminates stress and anxiety, providing strength and resilience.

Sicilian Massage

55 min/ 130 zł

An intense, energetic body massage, which combines elements of stretching and gentle mobilization of joints and relaxation. It deeply nourishes, regenerates and relaxes the body, even the most stressed ones

Massage for pregnant women

Up to 50 min/ 120 zł.

A safe and pleasant massage, which significantly improves the physical and mental condition of both - the pregnant women and the unborn child. It helps to eliminate and prevent the most common

types of pregnancy pain and is deeply relaxing.

Slimming and Firming Massage

55 min/ 25 min

150 zł/ 75 min

An intensive, slimming and firming body massage using special techniques of splitting the adipose tissue with the chinese bubble or bamboo sticks.

Abhyanga (anointing)

Ayurvedic body massage with warm sesame oil or herb oil. A special, ancient massage technique relaxes the muscles, balances the energy, and stimulates blood and lymph circulation. It regenerates the body, soothes sore muscles, joints and the spine, and helps to remove toxins and deposits. It affects the operation of all the systems in the body, giving a sense of inner strength and peace.

Abhyanga – „anointing” 55 min/ 180 zł

Abhyanga massage combined with head and neck massage 70 min / 200 zł

Abhyanga massage combined with head and neck massage and body peeling based on herbs - cleansing and smoothing of the body's skin 85 min / 220 zł

Udvaartana

55 min/ 180 zł

A highly detoxifying and slimming Ayurvedic body massage based on warm sesame oil and herb powder, with an anti-inflammatory and purifying effect. This massage technique uses intensive grinding and kneading, which improves blood circulation, reactivation of the metabolism and smoothes skin imperfections. Recommended especially for cellulite and inclinations to it.

Rituals

The ritual of foot and neck massage

40 min / 100 zł

A refreshing foot bath with essential oils: rose, jasmine, lavender or peppermint, combined with a relaxing neck massage. After the bath, a relaxing foot massage, inspired by the Far East.

Ritual massage of the face, nape and neck

25 min / 80 zł

A massage of the face, nape and neck (chest for men) combined with head acupressure. The ritual removes the symptoms of stress and anxiety, eliminates muscle tension and headaches, and ensures the proper flow of energy, soothing and calming.

Balinese color therapy

80 min / 210 zł

The ritual begins with a refreshing foot bath combined with a relaxing neck massage. The next step is the body massage, taken from the Balinese tradition, based on Shea butter, matched individually to your emotional state. The ritual restores the balance of body and mind, bringing relaxation and improving well-being.

Regeneration of the body ...

The Salt scrub

25 min / 90 zł

A cleansing and draining body scrub with sea salt. Ideal for releasing the feeling of swollen and heavy legs - it drains and refreshes, restoring well-being. It leaves skin smooth, radiant and velvety in touch.

Sugar scrub

25 min / 80 zł

A revitalizing body peeling based on different blends of oils, matched individually to your emotional state. Sugar crystals remove dead skin cells and smooth it perfectly, leaving the skin silky to touch.

Rejuvenating and slimming Klapp bandages

55 min 190 zł

The treatment of the body based on wrapping it in bandages soaked with active ingredients to slow the aging process and to tighten and energize the skin. It helps to reduce cellulite and excess fat and is based on the composition of extracts from algae, sea salt and ivy.

Rejuvenating and slimming Klapp bandages Combined with peeling

85 min / 260 zł

A procedure based on wrapping the body in bandages with rejuvenating and slimming properties. It improves the condition and tension of the skin, perfect after pregnancy and during weight loss. The treatment is preceded by a body peeling based on sea salt, which prepares the skin to absorb the active ingredients contained in the bandages.

ocean breeze

85 min / 240 zł

A slimming and balancing body treatment. It perfectly remineralises and strongly moisturizes the skin, stimulates the microcirculation and shapes the contours of the body. Ideal for sensitive skin in need of regeneration. The treatment consists of a scrub, mask, and face and body massage.

Nutrition and regeneration

85 min / 240 zł

An intensively moisturizing body treatment. The active ingredients contained in the mask restore the optimal level of hydration and nutrition. After the treatment the skin is smooth, revitalized and silky to touch. The treatment consists of a scrub, mask and face and body massage.

KLAPP Face Care

Hyaluronic face lift

75 min / 290 zł

A revitalizing and rejuvenating treatment for all skin types. Hyaluronic acid increases hydration and acts as a filler, smoothing wrinkles. It gives a spectacular effect of nutrition, improving face skin firmness and elasticity.

Fruit acids - ASA Peel

55 min / 190 zł

An effective method of exfoliation that uses the therapeutic and care properties of fruit acids. The treatment results in the exfoliation of dead skin cells, speeding up cell metabolism, improved hydration, visible reduction of wrinkles and improved skin elasticity and tension. It is recommended to have three sessions of the treatment.

Vitamin skin regeneration

75 min / 280 zł

A face treatment for poorly moisturized mature skin. Vitamin A is the most important building component of the skin, affecting the synthesis of collagen. Collagen fibers stimulate facial muscles and moisturize intensively. Mature facial contours are strengthened and toned.

Purification and revitalization - Thalmarin

75 min / 260 zł

The Thalmarin treatment is a rich source of amino acids, proteins, vitamins and minerals to accelerate cell renewal. Combats skin irritation, moisturizes, firms and tightens the skin, combining sea hydrolysis with collagen. Reduces fine lines and wrinkles, and evens out skin tone.

Nutrition - Caviar

75 min / 260 zł

Facial treatment for skin which is desiccated, stressed and requiring regeneration. Caviar extract activates regeneration and moisturizes. Natural bio-peptides support the exchange of cells while panthenol, hyaluronic acid and hydrolyty have a positive impact on water management. The skin becomes radiant and full of light.

Intensive regeneration for man

75 min / 320 zł

Treatment dedicated for men. Thanks to valuable components of algae and vitamins the skin is refreshed and simultaneously provided with important building blocks. The effect of the treatment is to clean, reduce inflammation, moisturize, smoothe and brighten the skin.

Combined treatments

Rejuvenating facial massage

25 min / 70 zł

The massage improves the appearance of the skin, restores its radiance and reduces shallow wrinkles. Performed with one of three types of natural oils, which, depending on your skin type perfectly nourishes, rejuvenates and improves the shape of the face. Oils to choose from: argan, almond or coconut.

Instant lifting - Express Lift

30 min / 140 zł

Instant, banquet facial treatment combined with a special massage that improves the condition of the muscles of the face, neck and décolleté, whilst stimulating the microcirculation and lymphatic flow. Applied at the end of the treatment ampoule stimulates the synthesis of collagen and elastin, strengthening the skin.

Beta Glucan Mute

55 min / 140 zł

Face treatment for people with sensitive and allergic complexions. The active ingredients used in the treatment restores the lost skin balance, leaving a feeling of stability. The recipe eliminates emulsifiers, chemical preservatives, artificial colors and fragrances enhancing the effectiveness of the treatment. The skin becomes visibly soothed and muted.

Normalizing treatment for oily and problematic skin

55 min / 130 zł

Treatment for facial skin contaminated with disturbed functions of sebum secretion. The active ingredients present in the formulations have an antiviral and antibacterial effect. Treatment normalizes the function and appearance of skin with problems at any age, which in effect is cleaned and matte.

Skin around the eyes caring treatment

25 min / 60 zł

Dedicated treatment for people who have a problem with excessive dryness of the skin around the eyes. Rich active ingredients including caviar, vit. A, E, C panthenol, allantoin regenerate and compensate the deficiencies in this area.

Treatments using specialized equipment

Cavitation peeling with ultrasound treatment

55 min / 170 zł

Face treatment which cleanses the skin with ultrasound peeling, and then introduces active substances into the skin through sonophoresis. The effect of treatment is cleansing, firming tissues (micromassage), reduced inflammation and clear and radiant facial skin.

Diamond microdermabrasion treatment

55 min / 150 zł

Face treatment relying on mechanical exfoliation of the stratum corneum, which regenerates and improves the absorption of the active ingredients. It stimulates the production of collagen and elastin, making the skin smoother, brighter, decreasing enlarged pores and blemishes. This treatment is recommended in the autumn and spring time.

Radio waves - intense lifting treatment

75 min / 290 zł

The treatment with the use of radio waves is an intensive face, neck and décolleté lifting. It consists of heating the collagen fibers, which results in their contraction and tension, so that a process of regeneration and facelifting occurs. Radio waves stimulate fibroblasts to rebuild and produce new outbreaks of collagen and elastin, giving the effect of filling in wrinkles. Treatment increases density, elasticity and firmness of the skin and improves the shape of the face and skin color.

Additions to facial treatments:

Cavitation peeling 15min / 40 zł

Ultrasonic micromassage 15min / 40 zł

Diamond Microdermabrasion 15min / 50 zł

Radio waves 15min / 50 zł

Hand and Foot Care

Traditional Manicure (sawing, peel, peeling, cream and nail polish)

50 min / 60 zł

Spa Manicure (sawing, peel, scrub, mask, cream, massage and nail polish)

60 min / 80 zł

Manicure hybrid (sawing, peel and hybrid lacquer)

60 min / 80 zł

Japanese manicure (skin, matting nail plates, rubbing in multivitamin paste and a special powder for strengthening and regeneration)

50 min / 60 zł

Traditional Pedicure (sawing, peel, milling, scrub, cream and nail polish)

75 min / 100 zł

Pedicure Spa (sawing, peel, milling, scrub, mask, cream, massage, nail polish)

85 min / 120 zł

Pedicure hybrid (sawing, peel, milling and hybrid lacquer)

85 min / 120 zł

Paraffin treatment for hands or feet

25 min / 50 zł

Ritual for hands 25 min / 70 zł

The foot ritual 25 minutes / 90 zł

Deep moisturizing mask for dry and sensitive skin on the hands or feet with fruit acids removes dead skin cells and debris. Soothes and regenerates the skin giving it a fresh and youthful appearance, ending with a relaxing massage of the hands or feet.

Henna and depilation

Eyelashes henna 20 min / 25 zł

Eyelashes henna de lux (henna lashes combined with a hydrogel flakses mask - skin care around the eyes effect) 25 min / 75 zł

Eyebrow henna 15 min / 15 zł

Eyebrow henna de lux (henna and eyebrow depilation combined with a hydrogel flakses mask - skin care around the eyes effect) 20 min / 70 zł

Eyebrow depilation 15 min / 15 zł

Waxing:

legs 40min / 100 PLN

legs + bikini 60min / 120 PLN

calf / thigh 20min / 50 PLN

armpit / groin 15min / 30 PLN

deep bikini 40min-50min / 40 PLN

mustache 10min / 10 PLN

hands 20min / 60 PLN